

Rock Valley College

CENTER FOR LEARNING IN RETIREMENT Summer 2025 Class Schedule



SAVE THE DATE

**CLR Fall
Kick-Off
& Annual
Meeting**

**August 12, 2025
10 a.m. - 12 p.m.**

FIND **YOUR** JOY

70 Classes | Special Events | Tours | Special Interest Groups

RockValleyCollege.edu/CLR

2025 CLR SUMMER SCHEDULE



There is a lot to take advantage of at the Center for Learning in Retirement (CLR) this summer. There are 70 classes to choose from—the most summer offerings ever! These are fun, short-term classes for older adult learners (age 50+) with no tests, grades, or homework. The Rock Valley College CLR membership program offers a wide variety of interesting classes, social opportunities, and bus trips. In August, a lunch & music event is scheduled at White Pines Dinner Theatre. (See page 21 for details.)

CLR provides unique volunteer opportunities too. We encourage you to come to the CLR VOLUNTEER FAIR on Thursday, May 29 at 2 PM at the Bell School Center to learn about different ways to get involved, and how you might share your knowledge and talents with others. Join the Rock Valley College Center for Learning in Retirement to keep active, stay healthy, and benefit from year-round lifelong learning!

IMPORTANT: We offer scholarships for membership dues and class fees to those with financial need. Call the CLR Program Director at (815) 921-3933 for more information. All inquiries are confidential. We want everyone who is interested in lifelong learning to have the opportunity to participate in the RVC Center for Learning in Retirement offerings!

NOTE: Individuals who have physical or learning disabilities and qualify for services under the Americans with Disabilities Act (ADA) or anyone with special needs or requests should contact the office at (815) 921-3931 to arrange for the appropriate services or accommodations. These may include, but are not limited to, interpreters for hearing-impaired participants, enlarged printed materials, computer accommodations, tape-recorded materials, and special seating requests. Advance notice is needed so arrangements can be made for requested accommodations.

NOTICE OF NONDISCRIMINATION

Rock Valley College does not discriminate on the basis of race, color, religion, national origin, ancestry, citizenship status, sex, age, physical or mental disability, marital status, order of protection status, sexual orientation, gender identity (including gender expression and gender questioning), veteran status, or unfavorable military discharge, use of lawful products while not at work, genetic information, or other legally protected categories. To request this publication in an alternative format, please contact Disability Support Services at (815) 921-2371.

This notice is provided as required by Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, the Age Discrimination Act of 1975 and the Americans With Disabilities Act of 1990. Questions, complaints, or requests for additional information regarding these laws may be forwarded to the designated compliance coordinators.

CLR MISSION STATEMENT

The Center for Learning in Retirement provides quality lifelong learning for members 50 years and older through diverse educational, cultural, and social opportunities.

2024-2025 ADVISORY COMMITTEE

Chair..... Rhee Ellen Wright
Vice Chair..... Steve Renne
Secretary..... Midge Tesch
Membership..... Connie Croffoot, Sue Custer
Newsletter..... Linda Jarrells
Social..... Sandra Krause, Sandi Chamberlin
Curriculum..... Jan Johnson, Robbin Nelson
Speakers' Bureau..... Brad Keyes
Media/Publicity..... Arnie Ames (interim)

CLR OFFICE INFORMATION

Phone: (815) 921-3931

Hours: Monday-Friday 8 a.m. - 5 p.m.

Location: 3350 N. Bell School Rd., Rockford

Tammy Lewis, Program Director
T.Lewis@RockValleyCollege.edu
(815) 921-3933

Erin Eggebrecht, Administrative Assistant
E.Eggebrecht@RockValleyCollege.edu
(815) 921-3931

Title IX Coordinator – Students
Dr. Luevinus Muhammad, Dean of Students
(815) 921-4187 or L.Muhammad@RockValleyCollege.edu

Section 504 Coordinator – Students
Lynn Shattuck, Director of Disability Services
(815) 921-2356 or L.Shattuck@RockValleyCollege.edu

Title IX Coordinator – Athletics
Darin Monroe, Athletic Director
(815) 921-3822 or D.Monroe@RockValleyCollege.edu

TABLE OF CONTENTS - SUMMER 2025

ARTS & CRAFTS

Line and Wash Painting	4
Cardmaking: Tips & Techniques.....	4
Crochet for Beginners	4
Simple Jewelry Repair	4
Painting Koi in Alcohol Inks	4

COMPUTER & TECHNOLOGY

Using Microsoft Paint 3D.....	4
Digitizing Old Photos	5
iPhone/iPad: Beyond Basics	5
Features of MyChart	5
Keeping Computers Safe [H]	5

FINANCE

Flourishing in Retirement	5
---------------------------------	---

FITNESS

Walking with Nordic Poles.....	6
Vivo Virtual Fitness [Z]	6
Chair Yoga	6

HEALTH & WELLNESS

Medicare Basics Review	6
Honey & Health	7
Feel Better with Self-Massage	7

HISTORY

How States Got Their NAMES	7
Rockford Historian Part 3	7
Rockford's Historic Houses	7
Underground Railroad	7
Ben Franklin	8
Eleanor Roosevelt [H]	8
Turning Clay into Gold [Z]	8
What My Country Wants [Z]	8

HUMANITIES

Notes of Legacy [Z]	9
Foreign Film Appreciation	9
Greek Mythology [Z]	9
Songs of the Silver Screen	9
Behind the Scenes - Starlight 2025.....	10

RELIGION

Jeremiah: The Life & Message	10
------------------------------------	----

SCIENCE & NATURE

Death Valley	15
Jimmy Carter & National Parks	15
Trees in Winnebago County	15
Modern Farming w/High Tech	15
Stellar Journeys	15
Climate Change	15
Nature-Believe It...Or Not?	15
Photographic Phollies.....	16

SOCIAL SCIENCES

What in the World	16
Art of Creating Community	16

SPECIAL INTERESTS & HOBBIES

AARP Smart Driver Course	16
Summer Flower Workshop	17
Learn to Play Euchre	17
Cribbage for Beginners	17
Game of Backgammon	17
Pickleball 3	17
Safety & Handgun Ownership	17
Seniors Planning to Move	18
All Creatures Great & Small	18
Home Sweet Home [Z]	18

TOURS

RVC Library Tour	18
New Rockford Public Library	18
Tour of RVC ATC	18
Tour of Ellwood Mansion	19
Beloit ABC Supply Stadium	19
Historic Auto Attractions	19
Robert Tinker's World	19
Hard Rock Casino	19
Explore Klehm Arboretum	19
Astronomy at Yerkes Observatory	20
Tour of Rockford Airport	20

TRAVEL

Travelogue: Peru	20
Waltzing Australia [Z]	20

OTHER

Special Interest Groups	10
Course Registration Forms	11
White Pines Social Event	21
Calendar	22

[Z] Indicates an online class via Zoom
[H] Indicates a Hybrid class (in person and online)

**CLR Fall Kick-Off &
Annual Meeting
August 12, 2025
10 a.m. - 12 p.m.
RVC Starlight Theatre**

CLR General Information

A copy of the Center for Learning in Retirement Summer 2025 catalog is available for viewing on the website. No online registration is available.

Register Early: Register early so you won't be disappointed. Often classes and bus trips reach the maximum enrollment early. You will be contacted if you have registered for a trip or social event that is already full.

Full and Cancelled Classes: Waiting lists for CLR members will be created when a class becomes full. RVC reserves the right to limit enrollments or cancel any class. Every effort will be made to notify registrants when a class is cancelled. Full refunds will be provided.

Inclement Weather: If Rock Valley College cancels classes due to bad weather, the Center for Learning in Retirement will also be cancelled (classes and trips). Cancellation notices will appear on RVC social media channels, the RVC website at RockValleyCollege.edu, and local news outlets will be notified.

Withdrawals from a Class: If you wish to withdraw from a class, you must do so ONE day prior to the first session in order to receive a refund. There is a \$5 per class cancellation processing fee. There are no refunds after a class begins.

If you know you will be unable to attend a class, it would be appreciated if you let the office know. It provides an opportunity to those on the waiting list to be contacted.

Payment for Classes and Events/Trips: To ensure your registration for classes and social events/trips are processed, payment must be attached. Separate checks are requested for trip/social event and class registrations.

You will receive a Student Schedule by mail. Please review to confirm which classes you are registered for and take note of any classes you did not get into.

Payment: Make checks payable to Rock Valley College. NOTE: CLR cannot accept credit/debit card payments.

ARTS & CRAFTS

Line and Wash Painting

ART-701-CLR1

(Class limit: 12) Create a magical multi-hued painting using a speedball black "Elegant Writer" pen, with just water and a brush. Watercolor paints can be added to enhance painting. Supplies needed: Speedball black "Elegant Writer" dye-based pen 1.3 mm or 2.0 mm, watercolor paper, #6 and #10 or #12 brush, pencil, paper towels, water container, basic watercolor set. **NOTE:** Bring a drawing or photo to copy. Examples and ideas available in class.

Leader: Pauline Joyce

Facilitator: Nancy Harvey

Date: Tuesday, 6/17

Time: 1:30 – 3:30 pm

Place: RVC Bell School Road Center, Room 2

Fee: \$20

Cardmaking: Tips & Techniques

ART-720-CLR1

(Class limit: 12) Learn the basics of rubber stamping and card making. A number of techniques will be discussed. We will be completing four cards in class. Bring scissors and small adhesive tape runner. All other materials will be provided with a \$5 fee to be paid in class. **NOTE:** These will be all new cards.

Leader: Arlene Cook

Facilitator: April Rottman

Date: Tuesday, 6/24

Time: 1 – 3:30 pm

Place: RVC Bell School Road Center, Room 1

Fee: \$15

Crochet for Beginners

ART-720-CLR2

(Class limit: 12) This is a beginner class for those who want to learn to crochet. Participants will learn the "anatomy" of a crochet stitch, terminology, the five basic stitches, and how interesting textures can be created using basic crochet stitches. The instructor will bring some completed projects to show participants what simple crochet can turn into with time and patience. **NOTE:** Bring a 5 or 5.5 mm crochet hook and a light-colored #4 yarn. (Instructor has limited extras that can be borrowed.)

Leader: Karen Wessels

Facilitator: Lynnette Danzl-Tauer

Date: Mondays, 6/23, 6/30, 7/7

Time: 9:30 – 11 am

Place: RVC Bell School Road Center, Room 2

Fee: \$25

Simple Jewelry Repair – Restranging

ART-720-CLR3

(Class limit: 5) Do you have a fashion or semi-precious necklace or bracelet you want to restring, lengthen, or change the clasp on? Or a necklace you want to split up into two bracelets? In this class, the leader will assist you in making repairs and changes to a wire strung necklace/bracelet or a stretch bracelet. (Metal findings, such as clasps, can be replaced but

NOT repaired. No repairs or replacement of leather, pearl knotting, or macrame. No fine jewelry.) Bring up to four items to select from at the first class session. As a class, we will look at each person's items. The leader will help you select one or two to work on and list what materials you need to purchase before the next session. Your leader will have a few supplies such as beading wire and elastic cord to purchase at cost. Beading tools will be available to use in class. Repairs and updates will be completed at the second session.

Leader: Sylvia Emerson

Facilitator: April Rottman

Date: Thursdays, 7/17 & 7/24

Time: 9 – 11:30 am

Place: RVC Bell School Road Center, Room 2

Fee: \$20

Painting Koi in Alcohol Inks

ART-720-CLR4

(Class limit: 12) This is an introduction class to painting with alcohol inks. Learn some of the tricks and techniques to painting with this popular medium. No painting experience is needed as the inks are perfect for the beginner as well as the experienced painter. All supplies provided. The subject (KOI FISH) will be pre-drawn on YUPO paper to allow each participant to concentrate solely on using the techniques demonstrated. Each student will leave with a completed 8 x 10 KOI painting on YUPO paper ready to be framed.

Leader: Jill Martin-Golden

Facilitator: Gail Wallens

Date: Thursday, 6/19

Time: 9:30 am – 12 pm

Place: J.R. Art Studio – 210 W. Main St., Rockton

Fee: \$35

COMPUTER & TECH

Using Microsoft Paint 3D

CMP-702-CLR1

(Class limit: 18) All Microsoft Windows computers come with a free program called "Paint 3D". Have you tried using it? Would you like to know more about it? Do you know what you can do with it? In this two-session class you will learn about the features of the paint program and how to customize graphics, make your own graphics, or develop your artistic skills. No previous computer training is necessary except for being familiar with using a mouse. We will be using the Windows 10 version of paint, but many of the concepts covered in this class will apply to all Windows versions of the paint program.

Leader: John Majernik

Facilitator: Bob Bertolasi

Date: Mon/Wed, 7/14 & 7/16

Time: 9:30 – 11:30 am

Place: RVC Bell School Road Center, Room 5

Fee: \$25

Digitizing and Cleaning Up Old Photos, Slides & Negatives

(Class limit: 12) We will provide an understanding of the methods available for digitizing old images and cleaning and enhancing them when desired. We'll review the needed equipment and techniques for digitizing old photos, slides, and negatives. We will work with free basic and advanced utilities for cleaning up the digitized images. **NOTE:** Bring your photos/slides/filmstrips and a flash drive with you to this class.

Leader: Bob Bertolasi

Facilitator: John Majernik

Date: Tues/Thurs, 6/24 & 6/26

Place: RVC Bell School Road Center, Room 5

Fee: \$25

CMP-702-CLR2

Time: 9:30 – 11:30 am

CMP-702-CLR3

Time: 1 – 3 pm

iPhone/iPad: Beyond Basics

(Class limit: 10) You've probably mastered the basics of your iPhone or iPad. In this class, we'll move beyond the basics and learn more very handy tips and tricks for taking full advantage of your Apple device. Participants must have an Apple iPhone or iPad running iOS (operating system) 14 or higher. There will be time for Q&A during the class.

Leader: Michele Arms

Facilitator: Jan Johnson

Place: RVC Bell School Road Center, Room 4

Fee: \$15

CMP-703-CLR1

Date: Wednesday, 6/25 **Time:** 10 am – 12 pm

CMP-703-CLR2

Date: Thursday, 6/26 **Time:** 1 – 3 pm

Exploring the Features & Functions of MyChart

CMP-703-CLR3

(Class limit: 50) MyChart is a computer/cell phone app that allows patients to communicate and perform a number of functions with doctors and medical institutions. It can be very helpful in optimizing your interactions with medical staff for things such as quickly seeing and asking questions about test results, directly communicating with doctors and nurses, pre-registering and paying bills and copays, scheduling appointments, and participating in virtual appointments from your home. This class will review and show examples of how to perform those functions. It is a lecture and not a lab class.

Leader: Ed Stein

Facilitator: Arnie Ames

Date: Monday, 7/14

Time: 1:30 – 3 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15

Keeping Your Computer Safe and Efficient

CMP-703-CLR4

(Class limit: 50) Presentation of software that is either built in or available for home computers (I will be showing free ones) to keep them safe and efficient. We will review some things you should do on any computer to avoid disasters caused by installing corrupt programs or clicking on that OH-NO link. Demonstration of use of above software as well as other utilities provided on most computers to scan for viruses, protect against malware, and clean our junk files, cookie bins, cache folders, and other items that take up space but are not needed. **NOTE:** This is an online COLLEGE COLLABORATION class hosted by RVC/CLR. Students from other regional colleges will be joining via Zoom. This is a HYBRID class and can be attended in-person or online.

Leader: Bob Bertolasi

Facilitator: Arnie Ames & Jack Croffoot

Date: Tuesday, 7/15

Time: 10 am – 12 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15

FINANCE

Flourishing in Retirement: Financial Success & Smart Planning

FIN-701-CLR1

(Class limit: 25) A fulfilling retirement isn't just about finances - it's about establishing a vision, taking care of one's health, pursuing passions, and giving back. In this class, Savant Wealth Management advisors Matt Armstrong and Ethan Watts explore many of the key habits of successful retirees, as well as essential financial strategies, including investment diversification, tax-efficient investing, sustainable withdrawal rates, Required Minimum Distributions (RMDs), Qualified Charitable Distributions (QCDs), and basic estate planning. Gain insights to help you navigate retirement with confidence, security, and purpose.

Leader: Matt Armstrong

Facilitator: Brad Keyes

Date: Tuesday, 7/22

Time: 10 – 11:30 am

Place: RVC Bell School Road Center, Room 1

Fee: \$15



FITNESS

Wellness Walking with Nordic Poles

FIT-750-CLR1

(Class limit: 12) Nordic walking is a complete body workout, which can be done anywhere. It is relatively safe for all fitness levels. Regular walking uses 40% of large muscle groups, while Nordic walking uses 90% of the large muscle groups. This also increases the calories that are burned. Nordic walking increases your cardio workout with no perceived increase in exertion. Balance, posture and stability are all improved. Positive results have been found with joint replacements, Parkinson's, neuropathy, lymphedema, and many other health issues. Come and walk indoors for 30 minutes and then experience balance, stretching and light exercises afterwards.

Leader: Karla Johnson
Facilitator: Midge Tesch
Date: Tuesday, 6/24
Time: 1:30 – 3 pm
Place: RVC Bell School Road Center, Room 13
Fee: \$15



Vivo Virtual Fitness Program

(Class limit: 22) Join this online, live, interactive physical fitness program that promotes strength building. Did you know that muscle strength and balance are critical to maintaining health, mobility, and independence as you age? Whether you are new to exercise or exercise regularly, the Vivo certified personal fitness trainers will provide modified exercises to meet each participant's fitness needs. Sessions are 45 minutes in length and consist of cognitive, balance, flexibility, and strength exercises. The Center for Learning in Retirement has partnered with Vivo to offer this unique, science-backed fitness program. Vivo's mission is to improve the lives of older adults through strength training to slow the effects of muscle loss and to meaningfully impact quality of life. This chair-based fitness program provides a convenient way to exercise and participate in interactive strength training from your home.

Leader: Vivo Fitness Trainers
Facilitator: Ellen Taylor-White
Time: 9 – 9:45 am
Place: Online Via Zoom

FIT-767-CLR1

Date: Tues/Thurs, 5/27 – 7/17
Fee: \$110 (8 weeks/16 sessions)

FIT-767-CLR2

Date: Tues/Thurs, 7/22 – 8/19 (skip 8/12)
Fee: \$55 (4 weeks/8 sessions)

Chair Yoga

(Class limit: 12) Enjoy a peaceful yoga practice that you can do seated in a chair and use the chair for assistance with balance and standing poses. This beginner-friendly and supportive practice includes gentle movement, mindful breathing, relaxation, yoga poses and sequences for strength, balance, flexibility and peace of mind. The yoga studio is located on the 4th floor in the Liberty Square Building. The main entrance is on the south side of the building. Wear comfortable clothes. There are two summer classes that each meet for 4 weeks.

Leader: Julie Young

Facilitator: Jan Johnson

Time: 11:45 am – 12:45 pm

Place: Surya Chandra Yoga Studio – 929 S. Alpine Rd., Suite 408, Rockford

Fee: \$45

FIT-768-CLR1

Dates: Thursdays, 6/26, 7/3, 7/10, 7/17

FIT-768-CLR2

Date: Thursdays, 7/31, 8/7, 8/14, 8/21

HEALTH & WELLNESS

Medicare Basics Review & 2025 Changes

HLT-705-CLR1

(Class limit: 20) This class will help participants understand Medicare Basics and the 2025 Center for Medicare and Medicaid plan changes. Maria, who has many years of experience presenting Medicare seminars, will provide an overview of the basics for seniors and how to avoid mistakes. She will also talk about the changes to Medicare for 2025 and how they affect enrollment, carrier plans for Medicare Advantage, and prescription drug plans. There will be time allowed for Q & A.

Leader: Maria Juhre

Facilitator: Loyd Wollstadt

Date: Tuesday, 6/24

Time: 10:30 am – 12 pm

Place: RVC Bell School Road Center, Room 4

Fee: \$15

ROCKFORD PUBLIC LIBRARY

Visit the Mobile Library

Bell School Road Center - East Parking Lot
 Tuesday mornings - 9 - 9:45 a.m.

May 27, June 17, July 8 & 29, Aug. 19

Take advantage of this convenient library service. Rockford Public Library cardholders can check out and reserve books, check out multi-media, use the computer, and more!

Honey and Health: Nature's Sweet Treat

HLT-725-CLR1

(Class limit: 50) Honey is nature's golden gift, crafted from flower nectar and transformed by bees into a delicious and versatile sweetener. With over 300 varieties, each boasting unique colors, aromas, and flavors, honey's appeal continues to grow - not just for its taste but also for its nutritional and therapeutic benefits. In this program, we'll explore the basics of honey, its sensory attributes, common terminology, and many uses. You'll also get delicious honey-infused recipes you can easily make at home. Whether you're a honey enthusiast or just curious to learn more, this session will be a sweet experience!

Leader: Diane Reinhold

Facilitator: Loyd Wollstadt

Date: Thursday, 7/10

Time: 1 – 3 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15

Feel Better with Self-Massage & Acupressure

HLT-725-CLR2

(Class limit: 20) Relax while learning to relieve tension. Class includes how to increase energy and how to use the techniques to improve back and joint comfort. Participants can sit or stand and learn how Chinese hospitals promote healthier mind and body using stretching and special energy acu-points to improve your health and comfort. Certified instructor is also a Licensed Massage Therapist. **NOTE:** Please bring a blanket, pillow, and wear comfortable clothes.

Leader: Sue Michaelsen

Facilitator: Midge Tesch

Date: Wednesday, 6/18

Time: 9:30 – 11:30 am

Place: RVC Bell School Road Center, Room 13

Fee: \$15

HISTORY

How the States Got Their NAMES

HST-712-CLR1

(Class limit: 50) Have you ever wondered how our states got their names? Over 500 years ago, when European explorers came to what is now North America looking for gold and a passage to China and the Indies, millions of Native Americans were already living on this land and they had names for every plain, mountain, river, lake and stream. That is why 27 states have names that come from Native American words...or at least what the Europeans thought they heard. Come and join us for this two-session class as we discover together the factual and true sources of the name of every US state.

Leader: Brad Keyes

Facilitator: Arnie Ames

Date: Wednesdays, 6/18 & 6/25

Time: 9:30 – 11 am

Place: RVC Bell School Road Center, Room 3

Fee: \$20

So, You Think You Are a Rockford Historian – Part 3

HST-720-CLR1

(Class limit: 40) Back by popular demand! This is the third and completely NEW installment of a popular trivia series on Rockford history hosted by the vice president of the Rockford Historical Society. Participants are encouraged to participate in an interactive session by using their detective skills to look for clues in photographs, test their knowledge on Rockford history and to engage in brief group discussions. Participants need not to have attended the previous trivia classes.

Leader: Amanda Becker

Facilitator: Gail Wallens

Date: Monday, 7/28

Time: 2 – 4 pm

Place: Midway Village Museum – 6799 Guilford Rd., Rockford

Fee: \$15

Rockford's Historic Houses

HST-720-CLR2

(Class limit: 60) Local author and historian Kathi Kresol will share some of the amazing history of Rockford's unique houses. Kathi's research will introduce you to some of Rockford's most interesting families who have impacted our community. Some of the families will have names you will recognize while others are more obscure. But, all of these new stories Kathi has uncovered in her research will prove that fact is more interesting than fiction.

Leader: Kathi Kresol

Facilitator: Jan Johnson

Date: Wednesday, 7/16

Time: 1:30 – 3:30 pm

Place: RVC Bell School Road Center, Room 13

Fee: \$15

Underground Railroad in the Rock River Valley – Byron's Read House

HST-720-CLR3

(Class limit: 50) An overview of historic "Underground Railroad" slavery escape routes, locations, persons, and methods from Antebellum to Civil War times in the Rock River Valley of Northern Illinois/Southern Wisconsin. Following the presentation, there will be guided tours of Read House first-floor gallery and basement (not handicap accessible) and time for self-guided exploration of the museum's other galleries. Byron's Read House is an authenticated National Park Service Network-to-Freedom historic site. **NOTE:** Transportation is on your own.

Leader: Dan Wykes

Facilitator: Gail Wallens

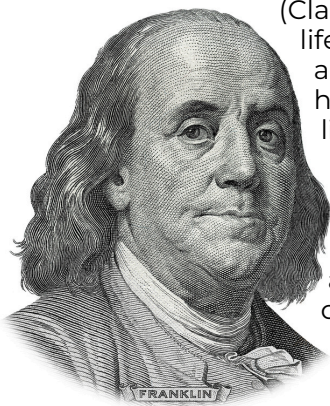
Date: Wednesday, 8/13

Time: 10 – 11:30 am

Place: Byron Museum of History – 110 Union St., Byron

Fee: \$15

**Ben Franklin
HST-725-CLR1**



(Class limit: 75) We will examine the life of one of the most influential and enduring men in American history. The class will look at his life, his achievements, and his legacy. You may agree with some who assert that Franklin was the greatest man that America ever produced. Join us as we journey back to the 18th century to unravel the life of Ben Franklin.

Leader: Gene Van Galder
Facilitator: Arnie Ames & Malia Hennessy
Date: M/T, 7/21 & 7/22
Time: 1:30 – 3:30 pm
Place: RVC Bell School Road Center, Room 13
Fee: \$20

**Eleanor Roosevelt: The First Lady of WWII
HST-725-CLR2**

(Class limit: 50) In August of 1943, while the world was waging war, Eleanor Roosevelt embarked on a secret five-week mission at the request of her husband, President Roosevelt. She boarded a military transport plane and headed to the Pacific Theater while the war with Japan was far from being decided. Her quest was to discover and report back first-hand accounts of the war, in such a way that only she could do. Her journey was a closely guarded secret until news broke ten days into the mission that she had left the country on a risky expedition. Join us for a presentation that follows her rigorous and daring trek to Hawaii, New Zealand, Australia, and military bases along the way. Learn what not only she discovered and reported back to her husband but also the unexpected responses she received from military service persons from the top leaders to the foot soldiers in the trenches. **NOTE:** This is an online COLLEGE COLLABORATION class hosted by RVC/CLR. Students from other regional colleges will be joining via Zoom. This is a HYBRID class and can be attended in-person or online.

Leader: Brad Keyes
Facilitator: Arnie Ames
Date: Monday, 8/11
Time: 10 – 11:30 am
Place: RVC Bell School Road Center, Room 3
Fee: \$15

**Turning Clay into Gold: The King, the Alchemist & the Birth of Porcelain
HST-725-CLR3**

(Class limit: 50) Dive into the extraordinary story of King Augustus the Strong, who dreamed of opulence, and Johann Friedrich Bottler, the alchemist he tasked with making gold - but who instead discovered something even more valuable: porcelain. Learn how their quest for riches led to the creation of Europe's first "white gold" and turned Saxony into a hub of beauty and craftsmanship. German historian Anette Isaacs presents a tale of ambition, accidental genius, and the porcelain that dazzled a continent! **NOTE:** This is an online COLLEGE COLLABORATION class hosted by McHenry College. Students from other regional colleges will be joining via Zoom, and participants will be admitted two minutes before the class is scheduled to begin.

Leader: Anette Isaacs
Facilitator: Robbin Nelson
Date: Wednesday, 6/18
Time: 1 – 3 pm
Place: Online Via Zoom
Fee: \$15

**If It's What My Country Wants Me to Do
HST-725-CLR4**

(Class limit: 50) A young boy dreams of the skies above, captivated by the idea of becoming a pilot. When World War II begins, he eagerly volunteers for the Air Corps, but he is too young, and his mother says, "No." Undeterred, he studies the stars and attends college to learn more. Once he's old enough, he finally joins the service with his sights set on flying. He excels in his training but the Army has other plans for him. The boy's dreams are shattered, yet he stoically accepts his new role saying, "If that's what my country wants." What follows becomes one of the most dangerous tours of duty during World War II. This presentation is based on a true story of a local McHenry County resident. **NOTE:** This is an online COLLEGE COLLABORATION class hosted by McHenry County College. Students from other regional colleges will be joining via Zoom, and participants will be admitted two minutes before the class is scheduled to begin. This class will have a room available at the Bell Center for online Zoom viewing on a big screen.

Leader: Steve Aavang
Facilitator: Ellen Taylor-White & Brad Keyes
Date: Wednesday, 7/2
Time: 1 – 3 pm
Place: Online Via Zoom & Zoom Room
Fee: \$15

**CLR Volunteer Fair
May 29 at 2 p.m. •Bell School Road Center, Room 13**

Have you thought about volunteering at CLR but don't know what opportunities are available? Come learn about the variety of volunteer possibilities. We couldn't do what we do without our dedicated volunteers! If the CLR program is important to you, consider giving back. Thanks!

HUMANITIES

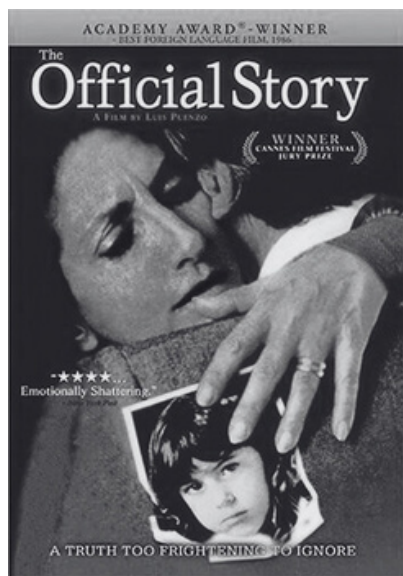
Notes of Legacy: Revisiting Fanny & Felix Mendelssohn's Marvelous Musical Journey HUM-701-CLR1

(Class limit: 50) Explore the extraordinary musical journey of Fanny & Felix Mendelssohn, 19th century German siblings and prolific composers, as we join German historian Anette Isaacs in unraveling their family's rich legacy. Fanny's talents as a pianist and composer faced societal constraints, while Felix's innovative compositions earned him widespread acclaim. Descendants of philosopher Moses Mendelssohn, their family played a pivotal role in both cultural and Jewish heritage, leaving an indelible mark on classical music and intellectual pursuits. **NOTE:** This is an online COLLEGE COLLABORATION class hosted by College of DuPage. Students from other regional colleges will be joining via Zoom, and participants will be admitted two minutes before the class is scheduled to begin.

Leader: Anette Isaacs
Facilitator: Robbin Nelson
Date: Thursday, 7/17
Time: 6 – 8 pm
Place: Online Via Zoom
Fee: \$15

Foreign Film Appreciation: *The Official Story* HUM-702-CLR1

(Class limit: 50) Set in the final months of the Argentinian Dictatorship in 1983, an upper middle class high school teacher begins to suspect that the daughter she and her husband adopted may be one of the children of purged political foes of the ruling junta. The discussion will focus on the historical practice of military dictatorships in Latin America and Spain of removing children from dissident mothers to give for adoption to the ruling elites or military leaders of the regime. **NOTE:** The film is in Spanish with English subtitles.



Leaders: Elvira Bayod-Ventimiglia & Cristina Sztterensus
Facilitators: Lynnette Danzl-Tauer & April Rottman
Date: Friday, 7/11
Time: 1 – 3:30 pm
Place: RVC Bell School Road Center, Room 3
Fee: \$15

Greek Mythology HUM-704-CLR1

(Class limit: 50) Dive into the captivating world of Greek mythology, where gods, heroes and monsters come alive! Explore the rich tapestry of myths that shaped ancient Greek culture and continue to influence art, literature, and modern storytelling. From Zeus and Athena to Heracles and Medusa, we'll examine the origins and significance of these timeless tales. Uncover how myths explain natural phenomena, reflect human nature, and offer profound insights into universal themes like love, power, and mortality. **NOTE:** This is an online COLLEGE COLLABORATION class hosted by Harper Community College. Students from other regional colleges will be joining via Zoom, and participants will be admitted two minutes before the class is scheduled to begin.

Leader: Katie Kelaidis
Facilitator: Robbin Nelson
Date: Tuesday, 6/10
Time: 7 – 8:30 pm
Place: Online Via Zoom
Fee: \$15

1960'S Songs of the Silver Screen HUM-710-CLR1

(Class limit: 60) This class is a special edition of our "movie music" film history series that was first cobbled together for public libraries celebrating the founding of their institution during one of the most turbulent decades in American history. Our focus is on award-winning films and outstanding performances that Americans turned to during the 1960s, but also later films that paid tribute to a difficult decade in America. Having grown up in the 1960s on Chicago's South Side, film history buff John LeGear developed a knack for recognizing what Americans sought to find at movie houses to get away from it all. His 13 film history presentations are intended to inspire audiences to recall some of the happiest days of their lives. In the end, we think you'll find this show uplifting. See you there!

Leader: John LeGear
Facilitator: Ellen Taylor-White
Date: Thursday, 7/24
Time: 1:30 – 3 pm
Place: RVC Bell School Road Center, Room 13
Fee: \$15

ATTENTION:

When you register for classes be sure to note the locations. Some of the summer classes are not held at the Bell School Road Center or are online offerings.

Behind the Scenes of Starlight Theatre 2025 HUM-712-CLR1

(Class limit: 50) Join us before we open Starlight Theatre's summer season as Director Christopher D. Brady and Tech Director Brandon Mechler host this informative class. The 2025 season boasts the lineup of *The SpongeBob Musical*, *Grease*, *Ragtime the Musical*, *The Wedding Singer*, and Star Bright Series: *Mary Poppins* featuring the next generation of Starlight performers. Chris and Brandon will provide an informal backstage look at the preparation and operations of putting together a season of outdoor community theater. It will shed light on the audition process, the thoughts behind the design and implementation, humorous tidbits and a welcoming of theatre-related questions as well! An interesting behind-the-scenes tour will follow the presentation. This is a community awareness class.

Leader: Christopher Brady & Brandon Mechler

Facilitator: Jan Johnson

Date: Friday, 5/30

Time: 12:30 – 2:30 pm

Place: Bengt Sjostrom (Starlight) Theatre – RVC Main Campus, 3301 N. Mulford Rd., Rockford

Fee: \$5



RELIGION

Jeremiah: The Life and Message of a Persecuted Prophet

REL-710-CLR1

(Class limit: 65) Jeremiah, a prophet during very difficult times, shares his emotional struggles and complex responses to the hardships he encounters. In these two classes, we'll take a look at his life and message, his messianic prophecies, his bold confrontation with repressive leadership and his personal spiritual resilience which he so eloquently articulates.

Leader: John McGrath

Facilitator: Malia Hennessy & Ellen Taylor-White

Date: Wednesdays, 7/23 & 7/30

Time: 10 am – 12 pm

Place: RVC Bell School Road Center, Room 13

Fee: \$20

**Don't wait to sign up for
summer classes!**

Some classes fill very quickly!



SPECIAL INTEREST GROUPS

These are groups that meet on a regular basis for continued learning and fun. Joining a Special Interest Group (SIG) is an opportunity to be with other CLR members who share your same interest. For more information, call the contact person listed.

ARTISTS' STUDIO

Open art studio that meets Fridays from 9 - 11:30 a.m. at the Bell School Road Center.

Contact Nancy Harvey at njharv@aol.com or (815) 282-1526.

BACKGAMMON

Join the backgammon enthusiasts to play the game with others once a month. Those with experience and beginners are all welcome. Meetings are held on the third Thursday of the month from 10 a.m. - 12 p.m. at the Bell School Road Center.

Contact Joe Etminan at (815) 558-0007

BOOK DISCUSSION

Meets monthly on the third Monday of the month from 10-11 a.m. at the Bell School Road Center (or virtually) to discuss a different book each month.

- **June 16:** *The Nurse's Secret* by Amanda Skenandore
- **July 21:** *America's First Daughter* by Stephanie Dray
- **August 18:** *The Warmth of Other Suns* by Isabel Wilkerson

Contact Malia Hennessy at (847) 347-6454

KEEPING FINGERS NIMBLE

Meets weekly on Tuesday mornings from 9:30-11:30 a.m. at the Bell School Road Center in Room 13 for those who like to create handmade items (crocheting, knitting, etc.) to keep or donate and also enjoy socializing with others and making new friends.

Contact Karen Gehrig at (630) 779-1238

IPAD USERS'

A group for those interested in meeting with other users to discuss uses, problems, and concerns, and ask questions relating to your iPad. Meets on an as-needed basis. Contact Larry Nelson at (815) 877-4438.

New group members are welcome!

Registrant #1

Questions:
Call (815) 921-3931

A. CENTER FOR LEARNING IN RETIREMENT REGISTRATION FORM - SUMMER 2025

(All classes listed are for Center members. To join the Center, please refer to information below.)

Name: _____ ID# (office use): _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: (Home) _____ (Cell) _____

Email Address: _____ Date of Birth: _____

➡ Must be a current CLR member to register for Summer classes. ⬅

- ☐ I am a current CLR member and have already paid my 2025 dues.
- ☐ I am a past CLR member and I would like to renew my annual membership for 2025. My \$35 dues for 2025 are included.
- ☐ I would like to join CLR. My \$35 dues for 2025 are included. *(Complete the application below)*

Mail registration form and check to:

Rock Valley College - CLR

3301 N. Mulford Road
Rockford, IL 61114

Phone: (815) 921-3931
Fax: (815) 921-3939

PAYMENT

Make checks payable to Rock Valley College. CLR cannot accept credit/debit card payments and recommends members pay with check or cash. Separate checks for class and event registrations.

Amount paid for classes \$ _____

2025 Membership Dues \$ _____
(\$35 for new/renewing members only)

TOTAL AMOUNT \$ _____

Check # _____ Cash payment ☐

PLEASE NOTE: The CLR office will be closed for holidays on May 26, June 19, and July 4.

Remember to clearly indicate your class choices on the reverse side of this form. Register early and be aware that you may not get all the classes requested as classes become filled. Waiting lists are kept for full classes. Review the Student Schedule that will be sent to you for confirmation of the classes you get into. **Be sure to note if the classes are in-person, online, hybrid, or Zoom Room.** Refund for classes that you did not get registered for will be mailed out after the semester begins. There is a \$5 processing fee per class for cancellations. Annual membership dues of \$35 is due for CLR members every January for the calendar year.

B. APPLICATION FOR ADMISSION TO ROCK VALLEY COLLEGE

(To be filled out if you have not taken classes at Rock Valley College within the last five years.)

Date of Birth: _____ Gender: ☐ Male ☐ Female U.S. Citizen: ☐ Yes ☐ No

1. Are you Hispanic or Latino?
(OR Are you of Spanish origin?)

- ☐ Yes Hispanic or Latino
☐ Not Hispanic or Latino

2. Are you from one or more of the following racial groups?
(Select all that apply)
☐ American Indian or Alaska Native

- ☐ Asian
☐ Black or African American
☐ Native Hawaiian or Other Pacific Islander
☐ White
☐ Choose Not to Respond

3. Please identify your primary racial/ethnic group (select one).

- ☐ American Indian or Alaska Native
☐ Asian
☐ Black or African American
☐ Hispanic or Latino
☐ Native Hawaiian or Other Pacific Islander
☐ White
☐ Choose Not to Respond

4. Are you in the United States on a Visa Nonresident Alien?

- ☐ Yes in the United States on a Visa. Provide Home Country of Origin _____
☐ Not in the United States on a Visa

CLR SUMMER 2025 COURSE SELECTIONS

✓	Course Code	Page	Course Title	Cost
<input type="checkbox"/>	ART-701-CLR1	4	Line & Wash Painting	\$20
<input type="checkbox"/>	ART-720-CLR1	4	Cardmaking: Tips	\$15
<input type="checkbox"/>	ART-720-CLR2	4	Crochet for Beginners	\$25
<input type="checkbox"/>	ART-720-CLR3	4	Simple Jewelry Repair	\$20
<input type="checkbox"/>	ART-720-CLR4	4	Painting Koi Alcohol Inks	\$35
<input type="checkbox"/>	CMP-702-CLR1	4	Using Microsoft Paint	\$25
<input type="checkbox"/>	CMP-702-CLR2	5	Digitizing Photos AM	\$25
<input type="checkbox"/>	CMP-702-CLR3	5	Digitizing Photos PM	\$25
<input type="checkbox"/>	CMP-703-CLR1	5	Iphone/Ipad Beyond Basics 6/25	\$15
<input type="checkbox"/>	CMP-703-CLR2	5	Iphone/Ipad Beyond Basics 6/26	\$15
<input type="checkbox"/>	CMP-703-CLR3	5	Features of MyChart	\$15
<input type="checkbox"/>	CMP-703-CLR4	5	Keeping Computers Safe [H]	\$15
<input type="checkbox"/>	FIN-701-CLR1	5	Flourishing in Retirement	\$15
<input type="checkbox"/>	FIT-750-CLR1	6	Walking w/Nordic Poles	\$15
<input type="checkbox"/>	FIT-767-CLR1	6	Vivo Virtual Fitness 5/27 [Z]	\$110
<input type="checkbox"/>	FIT-767-CLR2	6	Vivo Virtual Fitness 7/24 [Z]	\$55
<input type="checkbox"/>	FIT-768-CLR1	6	Chair Yoga 6/26	\$45
<input type="checkbox"/>	FIT-768-CLR2	6	Chair Yoga 7/31	\$45
<input type="checkbox"/>	HLT-705-CLR1	6	Medicare Basics	\$15
<input type="checkbox"/>	HLT-725-CLR1	7	Honey & Health	\$15
<input type="checkbox"/>	HLT-725-CLR2	7	Self-Massage	\$15
<input type="checkbox"/>	HST-712-CLR1	7	States Got Their NAMES	\$20
<input type="checkbox"/>	HST-720-CLR1	7	Rockford Historian	\$15
<input type="checkbox"/>	HST-720-CLR2	7	Rockford's Historic Houses	\$15
<input type="checkbox"/>	HST-720-CLR3	7	Underground Railroad	\$15
<input type="checkbox"/>	HST-725-CLR1	8	Ben Franklin	\$20
<input type="checkbox"/>	HST-725-CLR2	8	Eleanor Roosevelt [H]	\$15
<input type="checkbox"/>	HST-725-CLR3	8	Turning Clay Into Gold [Z]	\$15
<input type="checkbox"/>	HST-725-CLR4	8	My Country Wants [Z]	\$15
<input type="checkbox"/>	HUM-701-CLR1	9	Notes of Legacy [Z]	\$15
<input type="checkbox"/>	HUM-702-CLR1	9	Foreign Film Appreciation	\$15
<input type="checkbox"/>	HUM-704-CLR1	9	Greek Mythology [Z]	\$15
<input type="checkbox"/>	HUM-710-CLR1	9	Songs of the Silver Screen	\$15
<input type="checkbox"/>	HUM-712-CLR1	10	Behind the Scenes: Starlight	\$5
<input type="checkbox"/>	REL-710-CLR1	10	Jeremiah	\$20
<input type="checkbox"/>	SCI-700-CLR1	15	Death Valley	\$15
<input type="checkbox"/>	SCI-700-CLR2	15	Jimmy Carter & National Parks	\$15

✓	Course Code	Page	Course Title	Cost
<input type="checkbox"/>	SCI-700-CLR3	15	Trees in Winn. County	\$15
<input type="checkbox"/>	SCI-700-CLR4	15	Modern Farming	\$15
<input type="checkbox"/>	SCI-700-CLR6	15	Stellar Journeys	\$15
<input type="checkbox"/>	SCI-710-CLR1	15	Climate Change	\$20
<input type="checkbox"/>	SCI-765-CLR1	15	Nature - Believe It...	\$20
<input type="checkbox"/>	SCI-765-CLR2	16	Photographic Phollies	\$15
<input type="checkbox"/>	SOC-706-CLR1	16	What in the World?	\$35
<input type="checkbox"/>	SOC-763-CLR1	16	Creating Community	\$5
<input type="checkbox"/>	SPC-715-CLR1	16	AARP Smart Driver	\$0
<input type="checkbox"/>	SPC-720-CLR1	17	Flower Workshop AM	\$50
<input type="checkbox"/>	SPC-720-CLR2	17	Flower Workshop PM	\$50
<input type="checkbox"/>	SPC-753-CLR1	17	Learn to Play Euchre	\$20
<input type="checkbox"/>	SPC-753-CLR2	17	Cribbage	\$20
<input type="checkbox"/>	SPC-753-CLR3	17	Backgammon AM	\$15
<input type="checkbox"/>	SPC-753-CLR4	17	Backgammon PM	\$15
<input type="checkbox"/>	SPC-760-CLR1	17	Pickleball 3	\$20
<input type="checkbox"/>	SPC-790-CLR1	17	Handgun Ownership	\$15
<input type="checkbox"/>	SPC-790-CLR3	18	Seniors Planning to Move	\$15
<input type="checkbox"/>	SPC-790-CLR4	18	Creatures Great & Small	\$15
<input type="checkbox"/>	SPC-790-CLR5	18	Home Sweet Home [Z]	\$15
<input type="checkbox"/>	TOU-700-CLR1	18	RVC Library Tour	\$5
<input type="checkbox"/>	TOU-700-CLR2	18	Rockford Public Library	\$5
<input type="checkbox"/>	TOU-700-CLR3	18	RVC ATC Tour	\$5
<input type="checkbox"/>	TOU-700-CLR4	19	Ellwood Mansion Tour	\$20
<input type="checkbox"/>	TOU-700-CLR5	19	Beloit Stadium Tour	\$20
<input type="checkbox"/>	TOU-700-CLR6	19	Historic Auto Attractions	\$25
<input type="checkbox"/>	TOU-700-CLR7	19	Robert Tinker's World	\$20
<input type="checkbox"/>	TOU-700-CLR8	19	Hard Rock Casino	\$15
<input type="checkbox"/>	TOU-700-CLR9	19	Klehm Arboretum	\$20
<input type="checkbox"/>	TOU-700-CLR10	20	Astronomy at Yerkes	\$35
<input type="checkbox"/>	TOU-700-CLR11	20	Rockford Airport Tour	\$15
<input type="checkbox"/>	TVL-700-CLR1	20	Travelogue: Peru	\$15
<input type="checkbox"/>	TVL-700-CLR2	20	Waltzing Australia [Z]	\$15

[Z] Indicates an online class via Zoom

[H] Indicates a Hybrid class (in person and online)

When mailing your registration to Rock Valley College - CLR, be sure to use the RVC main campus address of 3301 N. Mulford Rd, Rockford, IL 61114.

Total amount: _____

Registrant #2

Questions:
Call (815) 921-3931

A. CENTER FOR LEARNING IN RETIREMENT REGISTRATION FORM - SUMMER 2025

(All classes listed are for Center members. To join the Center, please refer to information below.)

Name: _____ ID# (office use): _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: (Home) _____ (Cell) _____

Email Address: _____ Date of Birth: _____

➡ Must be a current CLR member to register for Summer classes. ⬅

- ☐ I am a current CLR member and have already paid my 2025 dues.
- ☐ I am a past CLR member and I would like to renew my annual membership for 2025. My \$35 dues for 2025 are included.
- ☐ I would like to join CLR. My \$35 dues for 2025 are included. *(Complete the application below)*

Mail registration form and check to:

Rock Valley College - CLR

3301 N. Mulford Road
Rockford, IL 61114

Phone: (815) 921-3931
Fax: (815) 921-3939

PAYMENT

Make checks payable to Rock Valley College. CLR cannot accept credit/debit card payments and recommends members pay with check or cash. Separate checks for class and event registrations.

Amount paid for classes \$ _____

2025 Membership Dues \$ _____
(\$35 for new/renewing members only)

TOTAL AMOUNT \$ _____

Check # _____ Cash payment ☐

PLEASE NOTE: The CLR office will be closed for holidays on May 26, June 19, and July 4.

Remember to clearly indicate your class choices on the reverse side of this form. Register early and be aware that you may not get all the classes requested as classes become filled. Waiting lists are kept for full classes. Review the Student Schedule that will be sent to you for confirmation of the classes you get into. **Be sure to note if the classes are in-person, online, hybrid, or Zoom Room.** Refund for classes that you did not get registered for will be mailed out after the semester begins. There is a \$5 processing fee per class for cancellations. Annual membership dues of \$35 is due for CLR members every January for the calendar year.

B. APPLICATION FOR ADMISSION TO ROCK VALLEY COLLEGE

(To be filled out if you have not taken classes at Rock Valley College within the last five years.)

Date of Birth: _____ Gender: ☐ Male ☐ Female U.S. Citizen: ☐ Yes ☐ No

1. Are you Hispanic or Latino?
(OR Are you of Spanish origin?)

- ☐ Yes Hispanic or Latino
☐ Not Hispanic or Latino

2. Are you from one or more of the following racial groups?
(Select all that apply)
☐ American Indian or Alaska Native

- ☐ Asian
☐ Black or African American
☐ Native Hawaiian or Other Pacific Islander
☐ White
☐ Choose Not to Respond

3. Please identify your primary racial/ethnic group (select one).

- ☐ American Indian or Alaska Native
☐ Asian
☐ Black or African American
☐ Hispanic or Latino
☐ Native Hawaiian or Other Pacific Islander
☐ White
☐ Choose Not to Respond

4. Are you in the United States on a Visa Nonresident Alien?

- ☐ Yes in the United States on a Visa. Provide Home Country of Origin _____
☐ Not in the United States on a Visa

CLR SUMMER 2025 COURSE SELECTIONS

✓	Course Code	Page	Course Title	Cost
<input type="checkbox"/>	ART-701-CLR1	4	Line & Wash Painting	\$20
<input type="checkbox"/>	ART-720-CLR1	4	Cardmaking: Tips	\$15
<input type="checkbox"/>	ART-720-CLR2	4	Crochet for Beginners	\$25
<input type="checkbox"/>	ART-720-CLR3	4	Simple Jewelry Repair	\$20
<input type="checkbox"/>	ART-720-CLR4	4	Painting Koi Alcohol Inks	\$35
<input type="checkbox"/>	CMP-702-CLR1	4	Using Microsoft Paint	\$25
<input type="checkbox"/>	CMP-702-CLR2	5	Digitizing Photos AM	\$25
<input type="checkbox"/>	CMP-702-CLR3	5	Digitizing Photos PM	\$25
<input type="checkbox"/>	CMP-703-CLR1	5	Iphone/Ipad Beyond Basics 6/25	\$15
<input type="checkbox"/>	CMP-703-CLR2	5	Iphone/Ipad Beyond Basics 6/26	\$15
<input type="checkbox"/>	CMP-703-CLR3	5	Features of MyChart	\$15
<input type="checkbox"/>	CMP-703-CLR4	5	Keeping Computers Safe [H]	\$15
<input type="checkbox"/>	FIN-701-CLR1	5	Flourishing in Retirement	\$15
<input type="checkbox"/>	FIT-750-CLR1	6	Walking w/Nordic Poles	\$15
<input type="checkbox"/>	FIT-767-CLR1	6	Vivo Virtual Fitness 5/27 [Z]	\$110
<input type="checkbox"/>	FIT-767-CLR2	6	Vivo Virtual Fitness 7/24 [Z]	\$55
<input type="checkbox"/>	FIT-768-CLR1	6	Chair Yoga 6/26	\$45
<input type="checkbox"/>	FIT-768-CLR2	6	Chair Yoga 7/31	\$45
<input type="checkbox"/>	HLT-705-CLR1	6	Medicare Basics	\$15
<input type="checkbox"/>	HLT-725-CLR1	7	Honey & Health	\$15
<input type="checkbox"/>	HLT-725-CLR2	7	Self-Massage	\$15
<input type="checkbox"/>	HST-712-CLR1	7	States Got Their NAMES	\$20
<input type="checkbox"/>	HST-720-CLR1	7	Rockford Historian	\$15
<input type="checkbox"/>	HST-720-CLR2	7	Rockford's Historic Houses	\$15
<input type="checkbox"/>	HST-720-CLR3	7	Underground Railroad	\$15
<input type="checkbox"/>	HST-725-CLR1	8	Ben Franklin	\$20
<input type="checkbox"/>	HST-725-CLR2	8	Eleanor Roosevelt [H]	\$15
<input type="checkbox"/>	HST-725-CLR3	8	Turning Clay Into Gold [Z]	\$15
<input type="checkbox"/>	HST-725-CLR4	8	My Country Wants [Z]	\$15
<input type="checkbox"/>	HUM-701-CLR1	9	Notes of Legacy [Z]	\$15
<input type="checkbox"/>	HUM-702-CLR1	9	Foreign Film Appreciation	\$15
<input type="checkbox"/>	HUM-704-CLR1	9	Greek Mythology [Z]	\$15
<input type="checkbox"/>	HUM-710-CLR1	9	Songs of the Silver Screen	\$15
<input type="checkbox"/>	HUM-712-CLR1	10	Behind the Scenes: Starlight	\$5
<input type="checkbox"/>	REL-710-CLR1	10	Jeremiah	\$20
<input type="checkbox"/>	SCI-700-CLR1	15	Death Valley	\$15
<input type="checkbox"/>	SCI-700-CLR2	15	Jimmy Carter & National Parks	\$15

✓	Course Code	Page	Course Title	Cost
<input type="checkbox"/>	SCI-700-CLR3	15	Trees in Winn. County	\$15
<input type="checkbox"/>	SCI-700-CLR4	15	Modern Farming	\$15
<input type="checkbox"/>	SCI-700-CLR6	15	Stellar Journeys	\$15
<input type="checkbox"/>	SCI-710-CLR1	15	Climate Change	\$20
<input type="checkbox"/>	SCI-765-CLR1	15	Nature - Believe It...	\$20
<input type="checkbox"/>	SCI-765-CLR2	16	Photographic Phollies	\$15
<input type="checkbox"/>	SOC-706-CLR1	16	What in the World?	\$35
<input type="checkbox"/>	SOC-763-CLR1	16	Creating Community	\$5
<input type="checkbox"/>	SPC-715-CLR1	16	AARP Smart Driver	\$0
<input type="checkbox"/>	SPC-720-CLR1	17	Flower Workshop AM	\$50
<input type="checkbox"/>	SPC-720-CLR2	17	Flower Workshop PM	\$50
<input type="checkbox"/>	SPC-753-CLR1	17	Learn to Play Euchre	\$20
<input type="checkbox"/>	SPC-753-CLR2	17	Cribbage	\$20
<input type="checkbox"/>	SPC-753-CLR3	17	Backgammon AM	\$15
<input type="checkbox"/>	SPC-753-CLR4	17	Backgammon PM	\$15
<input type="checkbox"/>	SPC-760-CLR1	17	Pickleball 3	\$20
<input type="checkbox"/>	SPC-790-CLR1	17	Handgun Ownership	\$15
<input type="checkbox"/>	SPC-790-CLR3	18	Seniors Planning to Move	\$15
<input type="checkbox"/>	SPC-790-CLR4	18	Creatures Great & Small	\$15
<input type="checkbox"/>	SPC-790-CLR5	18	Home Sweet Home [Z]	\$15
<input type="checkbox"/>	TOU-700-CLR1	18	RVC Library Tour	\$5
<input type="checkbox"/>	TOU-700-CLR2	18	Rockford Public Library	\$5
<input type="checkbox"/>	TOU-700-CLR3	18	RVC ATC Tour	\$5
<input type="checkbox"/>	TOU-700-CLR4	19	Ellwood Mansion Tour	\$20
<input type="checkbox"/>	TOU-700-CLR5	19	Beloit Stadium Tour	\$20
<input type="checkbox"/>	TOU-700-CLR6	19	Historic Auto Attractions	\$25
<input type="checkbox"/>	TOU-700-CLR7	19	Robert Tinker's World	\$20
<input type="checkbox"/>	TOU-700-CLR8	19	Hard Rock Casino	\$15
<input type="checkbox"/>	TOU-700-CLR9	19	Klehm Arboretum	\$20
<input type="checkbox"/>	TOU-700-CLR10	20	Astronomy at Yerkes	\$35
<input type="checkbox"/>	TOU-700-CLR11	20	Rockford Airport Tour	\$15
<input type="checkbox"/>	TVL-700-CLR1	20	Travelogue: Peru	\$15
<input type="checkbox"/>	TVL-700-CLR2	20	Waltzing Australia [Z]	\$15

[Z] Indicates an online class via Zoom

[H] Indicates a Hybrid class (in person and online)

When mailing your registration to Rock Valley College - CLR, be sure to use the RVC main campus address of 3301 N. Mulford Rd, Rockford, IL 61114.

Total amount: _____

SCIENCE

Death Valley - The Hottest Place in America

SCI-700-CLR1

(Class limit: 50) Shannon will talk about her unique experience of living, working, and hiking in the diverse area of Death Valley National Park for 3 years and the challenges that arose. Hear about the highs (temperatures) and lows (golf course) of the largest national park in the continental United States. There is so much to learn from hiking experiences in one of our most beautiful national parks.

Leader: Shannon McGaw

Facilitator: Carol Salzer

Date: Monday, 7/28

Time: 9:30 – 11 am

Place: RVC Bell School Road Center, Room 3

Fee: \$15

Jimmy Carter and Our National Park System

SCI-700-CLR2

(Class limit: 50) No president has had a greater lasting impact on our national park system than Jimmy Carter. The U.S. National Park System doubled in acreage during the Carter administration, the only presidential term to see over fifty new NPS units created spanning a remarkable collection of diverse natural and historical resources.

Leader: David Kroese

Facilitator: Bob Bertolasi

Date: Tuesday, 7/1

Time: 1:30 – 3:30 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15



Outstanding Trees in Winnebago County

SCI-700-CLR3

(Class limit: 50) Have you ever wanted to know more about our native trees in the Northern Illinois area? Did you know that we have trees over 300 years old right here in Winnebago County, and trees that are the tallest in Illinois for their species? Come join us for this very informative class as we discuss the Top Ten outstanding trees in Winnebago County. We will be examining leaves, fruit identification, size, and history of these special trees in our own neighborhoods. We will also discuss current disease and insect problems that are affecting our trees.

Leader: John Richards

Facilitator: Brad Keyes

Date: Wednesday, 8/13

Time: 9 – 11 am

Place: RVC Bell School Road Center, Room 3

Fee: \$15

Modern Farming with High-Tech

Enhancements

SCI-700-CLR4

(Class limit: 50) Over the last 30 years of farming the technological advancements have been breathtaking. From utilizing the cloud for information storage, immediate retrieval and use, to laboratory gene splicing for tailoring specific crops to grow in

specific conditions, the agricultural world is nearly unrecognizable to previous generations in this industry. With that said, there is a huge reliance on the honey bee for the production of food. Life would be very different without the phenomenal efficient work accomplished by this mighty worker. Join us for an interesting presentation by two local farmers and a specialist in agricultural technology.

Leader: Marshall Newhouse, Carl Rudy, Ed Mulholland

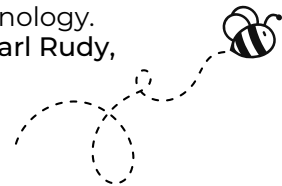
Facilitator: Brad Keyes

Date: Friday, 6/27

Time: 10 am – 12 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15



Stellar Journeys: Exploring the Universe

SCI-700-CLR6

(Class limit: 50) Ever wondered what lies beyond our night sky? Or how stars are born and galaxies evolve? This class takes you on a journey through the universe, exploring the solar system, stars, galaxies, and cosmic phenomena. Discover how astronomers study the cosmos using telescopes, space probes, and cutting-edge technology. Learn about the forces that shape black holes and the origins of the cosmos. No prior science background required - just curiosity and a sense of wonder.

Leader: Laura Lorenzo

Facilitator: Jack Croffoot

Date: Friday, 7/25

Time: 10:30 am – 12 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15

Climate Change – Recent Compelling Topics

SCI-710-CLR1

(Class limit: 50) We will cover the most compelling topics from the past year to include Science, Technology, Politics, Business, Policy/Government, Individual Action and ending with Evidence of Progress. We won't dive too deep, but we will cover a lot of ground.

Leader: Paul Schweitzer

Facilitator: Gail Wallens

Date: Mondays, 7/14 & 7/21

Time: 10 am – 12 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$20

Nature - Believe It...or Not?

SCI-765-CLR1

(Class limit: 30) From nature "facts" you were taught in school that aren't quite right, to facts so unbelievable they can't possibly be true...we will put our knowledge to the test with this fun slideshow presentation. For example, do bears TRULY hibernate? What are there more of - stars in the Milky Way or trees on the planet? Learn the answers to these mysteries and more! Participants will learn about a variety of common nature misconceptions. Be prepared to be wowed, and have some great facts to share at your next get together. There will be time for questions and conversation throughout the

presentation. Following, we will go on a short-guided walk at Severson Dells around the paved loop to be wowed by our very own "backyard"!

Leader: Liz Wiener

Facilitator: Gail Wallens

Date: Wednesday, 6/25

Time: 2:30 – 4 pm

Place: Severson Dells Nature Center –
8786 Montague Rd., Rockford

Fee: \$20

Photographic Phollies

SCI-765-CLR2

(Class limit: 50) Kurt will be presenting a smorgasbord of wildlife photographs that illuminate the bird world. His program will transport you into Antarctica, the Galapagos Islands, and Newfoundland along the way. It will stretch across the United States with a heavy emphasis on our beloved Midwest! There will be a series of short vignettes featuring loons, roadrunners, snow geese, puffins, penguins, owls, wood ducks, pheasants, ospreys, kingfishers, prairie-chickens, sandhill cranes, white pelicans, goldeyes, magnificent frigatebirds, blue-footed boobies, great egrets, blue herons, and more. Each vignette has a fascinating or humorous story of its own and are quite unique. Please join us for these lovable, laughable, and amazing flyers and non-flyers!

Leader: Kurt Van Galder

Facilitator: Malia Hennessy & Ellen Taylor-White

Date: Monday, 6/30

Time: 2 – 4 pm

Place: RVC Bell School Road Center, Room 3

Fee: \$15

SOCIAL SCIENCES

What in the World Is Going On?

SOC-706-CLR1

(Class limit: 30) This course will provide participants with an opportunity to discuss world, national, and local/regional current events. Articles from newspapers, journals, and electronic media are used to prompt and stimulate discussion and dialogue on two or more topics each week. Active and respectful participation among class members is encouraged and all viewpoints are welcome.

Leader: Steve Renne

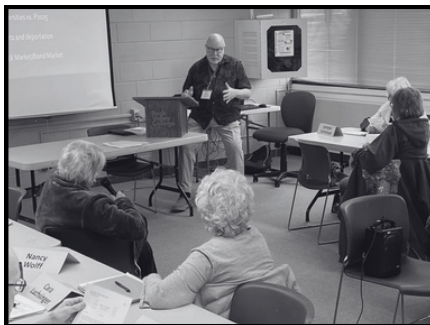
Facilitator: Arnie Ames

Date: Tuesdays, 6/17, 6/24, 7/1, 7/8, 7/15, 7/29, 8/5 (no class 7/22)

Time: 9:30 – 11:30 am

Place: RVC Bell
School Road Center,
Room 1

Fee: \$35



The Art of Creating Community

SOC-763-CLR1

(Class limit: 60) This is a class highlighting natural steps Christopher took to become a leader in creating community in the Rockford area. Pinpointing the elements and practices from his community organizing expertise, this class will show clearly what it takes to create community, lasting community. For adults of various ages, The Art of Creating Community promotes listening skills, patience, and details needed to consistently create and sustain community that empowers, impacts, and informs our neighborhoods and communities all across the Rockford area. Participants who take this class will leave with a deeper understanding for the tools of a community leader, facilitator, communicator, and bridge-builder. This is a community awareness class.

Leader: Christopher Sims

Facilitator: Linda Greene

Date: Thursday, 8/7

Time: 10 – 11:30 am

Place: Katie's Cup – 502 7th St., Rockford

Fee: \$5

SPECIAL INTERESTS



AARP Smart Driver Course

SPC-715-CLR1

(Class limit: 24) An updated 8-hour course for drivers aged 50 and over. Participants will learn research-based strategies; understand the link among the driver, vehicle and road environment; learn how aging, medications, alcohol, and other health related issues affect driving ability; increase confidence; learn the newest and advanced features in vehicles; and learn when driving may no longer be safe. This class (two 4-hour sessions are required) may qualify you for an auto insurance reduction. Course completion helps older drivers refine existing skills and develop safe driving strategies in today's challenging driving environment. **NOTE:** A check made payable to AARP will be collected by the instructor on the first day of class. \$20 for AARP members; \$25 for non-AARP members.

Leader: Betty Lawler

Facilitator: Betty Lawler

Date: Mon/Tues, 7/21 & 7/22

Time: 12:30 – 4:30 pm

Place: RVC Bell School Road Center, Room 1

Fee: \$0

Summer Flower "Therapy" Workshop

(Class limit: 10) No experience is necessary to learn the basic skills needed to design a beautiful flower arrangement, along with proper care for fresh cut flowers. Want to make a fun arrangement with a 4th of July theme? You will love the summer flower "therapy" workshop. Relax in Melody's NEW SHOP in The Bricks in Cherry Valley. This workshop continues to inspire creativity and encourages the "believe in yourself" attitude. Melody will use the beautiful colors of varied summer flowers and greens to help you create a patriotic floral arrangement. Additional parking is available in the rear of the Bricks building. Register soon! This class fills up fast.

Leader: Melody Layng
Facilitator: Gail Wallens
Place: Petals & Pickins
125 E. State St., Cherry Valley
Date: Monday, 6/30
Fee: \$50



SPC-720-CLR1

Time: 10:30 am – 12 pm

SPC-720-CLR2

Time: 1 – 2:30 pm

Learn to Play Euchre

SPC-753-CLR1

(Class limit: 20) Have you ever wanted to learn how to play the popular, fast-paced game of Euchre? If so, this class is for you! Please bring a deck of cards to class and prepare to have some fun!

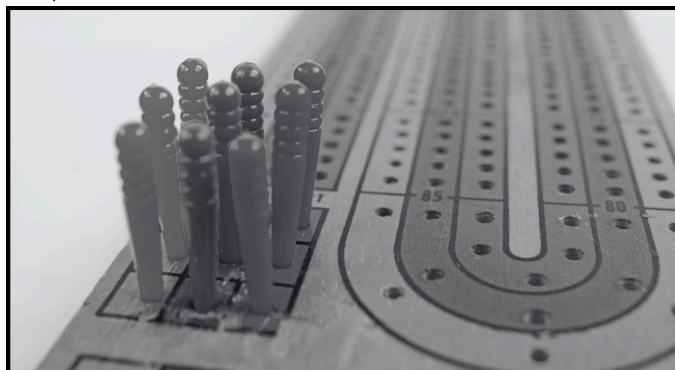
Leader: Katy Paterson
Facilitator: Rhee Ellen Wright
Date: Mondays, 6/23 & 6/30
Time: 1 – 3 pm
Place: RVC Bell School Road Center, Room 4
Fee: \$20

Cribbage for Beginners

SPC-753-CLR2

(Class limit: 20) This class will provide an opportunity to learn how to play cribbage and meet new people in a fun environment. If you have a cribbage board, please bring it with you to the class.

Leader: Rhee Ellen Wright
Facilitator: Katy Paterson
Date: Mondays, 7/7 & 7/14
Time: 1 – 3 pm
Place: RVC Bell School Road Center, Room 4
Fee: \$20



The Game of Backgammon

(Class limit: 8) In this class, you will learn the Backgammon board, Backgammon rules, and learn how to play this game. You will play Backgammon during the class and will receive a guideline for more practice at home. Backgammon is one of the oldest board games with origins dating as far back as 3000 B.C. It is a game of luck and strategy and is popular around the world. Easy to learn and fun to play, it is no wonder why it has withstood the test of time and is played by so many people. **NOTE:** Bring your own Backgammon board if you have one.

Leader: Joe Etminan
Facilitator: Brad Keyes
Date: Thursday, 7/10
Place: RVC Bell School
Road Center, Room 4
Fee: \$15



SPC-753-CLR3

Time: 10 am – 12 pm

SPC-753-CLR4

Time: 1:30 – 3:30 pm

Pickleball 3

SPC-760-CLR1

(Class limit: 12) Pickleball 3 will build on the skills taught in the previous two classes. We will work on depth, accuracy and power serves. Advanced strategy like "stacking" and "dinking with purpose" will be demonstrated. Students will play against others in the class to further improve their game. Please note this is an outside class at the pickleball courts at Sinnissippi Park, so dress appropriately. Sunscreen, hat, sunglasses and water bottle are recommended. *Prerequisite:* Students must have taken Introduction to Pickleball class and/or Pickleball 2 class.

Leader: Chris Mann
Facilitator: Jan Johnson
Date: Wednesdays, 6/18 & 6/25
Time: 1:30 – 3:30 pm
Place: Sinnissippi Park – 1401 N. Second St., Rockford
Fee: \$20

Safety and Handgun Ownership for Self-Defense

SPC-790-CLR1

(Class limit: 25) Retired officer, Woodson Fuller, an Illinois state-certified defensive tactics and firearms instructor, will lead a discussion on handgun ownership for self-defense. This session will offer plenty of Q&A for participants as well as covering basic first aid for handgun injuries.

Leader: Woodson Fuller
Facilitator: April Rottman
Date: Monday, 6/23
Time: 10 am – 12 pm
Place: RVC Bell School Road Center, Room 1
Fee: \$15

Resources for Seniors Planning to Move SPC-790-CLR3

(Class limit: 20) Expert guidance from real-life professionals that have navigated senior living solutions and the process of transitioning and accomplishing a move after retirement. This course will provide a detailed look at how to prepare, what steps to take, information and resources to consider, as well as the best practices to follow for the least stressful experience possible.

Leader: Natalie Armstrong

Facilitator: Brad Keyes

Date: Thursday, 7/17

Time: 10 – 11:30 am

Place: RVC Bell School Road Center, Room 4

Fee: \$15

All Creatures Great and Small Next Chapter SPC-790-CLR4

(Class limit: 25) David Holland, DMV, MS, visited James Alfred White's (pen name James Herriot) veterinary practice in Thirsk, England, in 1985. Later, he began to realize that some aspects of Herriot's several books parallel his own professional development and career as a veterinarian. This course is devoted to a more contemporary version of the education, career development and overview of a veterinarian's practice career. As in James Herriot's books, an abundance of anecdotal stories about animals and the people with them will be shared. The course will also include biographical information, along with ample time for participants to speak to the stories that were brought to mind in their own lives and with their own pets. As every pet lover knows, memories about these pets can be heartwarming and even embellished with each new recollection. Let's share a few stories about contemporary veterinary medicine, and also share some pleasant memories of our pets!

Leader: Dr. David Helland

Facilitator: Arnie Ames

Date: Thursday, 7/10

Time: 10 am – 12 pm

Place: RVC Bell School Road Center, Room 1

Fee: \$15

Home Sweet Home

SPC-790-CLR5

(Class limit: 50) Deciding the best living situation for ourselves as we age or for a loved one can be overwhelming. This course will help clarify the choices, services and amenities as well as the cost of your options. **NOTE:** This is an online COLLEGE COLLABORATION class hosted by College of DuPage. Students from other regional colleges will be joining via Zoom, and participants will be admitted two minutes before class is scheduled to begin. This class will have a room available at the Bell Center for online Zoom viewing on a big screen.

Leader: Mary Ferguson

Facilitator: Bob Bertolasi

Date: Tuesday, 6/17

Time: 1 – 3 pm

Place: Online Via Zoom & Zoom Room

Fee: \$15

TOURS

Guided Tour of RVC Estelle M. Black Library TOU-700-CLR1

(Class limit: 20) A tour of the Estelle M. Black Library's spaces and materials (including the RVC Archives), a summary of the resources the library can offer the public, and some discussion of the history of the RVC campus. This is a community awareness class.

Leader: Lukas Wenner

Facilitator: Jan Johnson

Date: Thursday, 7/17

Time: 10 – 11 am

Place: Estelle M. Black Library – RVC Main Campus

ERC building – 3301 N. Mulford Rd., Rockford

Fee: \$5

Explore Your New Rockford Public Library TOU-700-CLR2

(Class limit: 25) Learn how the Rockford Public Library balances the past of the Carnegie Library with the future of Rockford to come by joining us on this in-depth tour of the one-year-old downtown Main Library. Attendees may bring their devices to learn how to download the latest books. Learn how to use the media room in the maker lab to bring your audio and video projects to life. Learn how to research the history of your house. This is a community awareness class.

Leader: Lorene Kennard

Facilitator: Jan Johnson

Date: Tuesday, 7/15

Time: 2 – 4 pm

Place: Rockford Public Library – 215 N. Wyman St., Rockford

Fee: \$5

Tour of RVC Advanced Technology Center TOU-700-CLR3

(Class limit: 25) Join us for a visit at RVC's Advanced Technology Center (ATC) in Belvidere! During this tour, you'll see the future of manufacturing, as we train students for careers in welding, mechatronics, and computer numerical control (CNC). View the cutting-edge instructional equipment - including robotic welders, vision/handling robotics, and other simulated systems. The ATC is also home to the RVC Truck Driver Training program, so you just might sneak a peek at the big rigs! Come learn about the importance of the ATC as an economic driver for our community, with a guided tour of the 77,000 sq. ft. facility. This is a community awareness class.

Leader: Jenny Morgan

Facilitator: Carol Salzer

Date: Wednesday, 6/25

Time: 10 – 11:30 am

Place: RVC Advanced

Technology Center

1400 Big Thunder Rd.,

Belvidere

Fee: \$5



Tour of Ellwood Mansion

TOU-700-CLR4

(Class limit: 25) Attendees will visit the Ellwood mansion, the palatial 1879 home built for barbed wire entrepreneur Isaac Ellwood. During this tour, guests will learn how barbed wire changed the American landscape and the lives of generations of Ellwood family members, seeing their home and original belongings first-hand. **NOTE:** Transportation is on your own.

Leader: Aubrey King

Facilitator: Lynnette Danzl-Tauer

Date: Thursday, 6/12

Time: 10 am – 12 pm

Place: Ellwood House Museum – 420 Linden Pl., DeKalb

Fee: \$20

Beloit Sky Carp ABC Supply Stadium Tour

TOU-700-CLR5

(Class limit: 25) Join us for a behind-the-scenes tour of the Beloit Sky Carp, ABC Supply Stadium located next to the beautiful Rock River in downtown Beloit. You will enjoy a tour of the stadium including the 360-degree walkable open concourse, right field party deck and outfield group areas, indoor suite level, clubhouse and batting cages. Following the tour, there will be a staff presentation on the different roles in the Sky Carp organization and time for Q&A. **NOTE:** This is a walking tour; please wear comfortable shoes and dress for the weather. **NOTE:** Transportation is on your own.

Leader: Henry Strupp

Facilitator: April Rottman

Date: Monday, 6/23

Time: 10 am – 12 pm

Place: ABC Supply Stadium – 217 Shirland Ave., Beloit

Fee: \$20

Historic Auto Attractions Tour

TOU-700-CLR6

(Class limit: 25) Come take a "journey through time" in this museum with over 80,000 sq. ft. of automobiles and historic displays - from Gangsters of the Prohibition to Elvis. The museum recently underwent a expansion to make room for more exhibits including Animal Kingdom, The Hall of Christ with rare Biblical artifacts, and an extensive collection of JFK memorabilia. A guided tour will be provided with plenty of time to explore the museum on your own. Other exhibits include an Illinois Stockcar Hall of Fame, WWII artifacts, an Egyptian exhibit, and much more! Whether you've never been or have toured in the past, you won't want to miss the experience and the new attractions. Cars are only a small part of this massive collection in this is a one-of-a-kind museum! **NOTE:** Transportation is on your own.

Leader: Tony Farrell

Facilitator: Loyd Wollstadt

Date: Tuesday, 8/5

Time: 1 – 4 pm

Place: Historic Auto Attractions – 13825 Metric Rd., Roscoe

Fee: \$25

Robert Tinker's World: Neighborhood & Museum Tour

TOU-700-CLR7

(Class limit: 25) Welcome to Robert Tinker's World, as we follow in the footsteps of former Rockford Mayor and Park District Commissioner, Robert Hall Tinker, and his family. We will see some of the buildings that they enjoyed visiting while they inhabited the Swiss Cottage. The walking tour covers a two-block area and will include a view of the Nelson Knitting Factory and Kent School. Along the way, you will learn to recognize different architectural styles and deepen your knowledge of history regarding the Forest City. After the walking tour, we will enjoy a full tour of the historic Tinker Swiss Cottage. Be aware that there are some stairs in the cottage. Everyone is encouraged to wear tennis shoes or comfortable walking shoes and bring water.

Leader: Stephanie Hartman

Facilitator: Carol Salzer

Date: Friday, 6/20

Time: 10 am – 12 pm

Place: Tinker Swiss Cottage Museum – 411 Kent St., Rockford

Fee: \$20

Hard Rock Casino Tour

TOU-700-CLR8

(Class limit: 25) Explore the new Hard Rock Casino! After a brief introduction, the group will have a guided tour of the facility. This will include the gaming areas, memorabilia, artwork, concert venue with seating for 1600, smaller stage areas, Hard Rock Café & bar, and other restaurants/eating areas. Following the tour, we will return to a seated area where more information will be shared, and questions can be answered. Stay for lunch if you wish, and you can even register to receive a \$10 free play card if it's your first visit to the casino.

Leader: Stephen Platcow

Facilitator: Jack Croffoot

Date: Thursday, 6/26

Time: 10 – 11:30 am

Place: Hard Rock Casino – 7801 E. State St., Rockford

Fee: \$15

Explore the Undiscovered at Klehm Arboretum & Botanic Garden

TOU-700-CLR9

(Class limit: 40) Klehm Arboretum & Botanic Garden continues to grow! Join us for a brief indoor program providing an overview of recent initiatives and improvements at Klehm, then take part in a guided walking tour to explore these new plants, trees, garden features and more. Participants will also view 2025's outdoor seasonal exhibit Rooted in Rockford: Art and Tree Science at Klehm Arboretum & Botanic Garden during their journey.

Leader: Alex Mills & Sue Grans

Facilitator: Brad Keyes

Date: Thursday, 7/24

Time: 10 – 11:30 am

Place: Klehm Arboretum – 2715 S. Main St., Rockford

Fee: \$20

History and Future of Astronomy at Yerkes Observatory

TOU-700-CLR10

(Class limit: 40) Join astronomers at Yerkes Observatory for your chance to explore the history and future of astronomy at this cherished Wisconsin landmark! During this visit, you'll have a chance to tour the observatory and have a Q&A session with a Yerkes astronomer. Please note that as an historic facility, not all spaces are wheelchair accessible. You should expect to climb and descend several flights of stairs during your visit. **NOTE:** Transportation is on your own.

Leader: Mallory Conlon

Facilitator: Midge Tesch

Date: Wednesday, 7/16

Time: 10:30 am – 12 pm

Place: Yerkes Observatory – 373 W. Geneva St., Williams Bay, WI

Fee: \$35



Tour of Chicago Rockford International Airport

TOU-700-CLR11

(Class limit: 28) A behind-the-scenes look at the Chicago Rockford International Airport. By touring outside, you will gain a better understanding of how the airport works. A shuttle bus tour of the airport, including the history of the airport and its future development. Includes stops at UPS, the new AAR Maintenance Facility/Hanger, the fire station, and other aircraft and tenants on the airport. The bus is handicap accessible, but some walking and climbing of stairs to view aircraft will be included.

Leader: Michael Peranich & David Lindberg

Facilitator: Arnie Ames

Date: Monday, 6/30

Time: 10 am – 12 pm

Place: Rockford Airport – 2 Airport Circle, Rockford

Fee: \$15



TRAVEL

Travelogue: Peru

TVL-700-CLR1

(Class limit: 75) Discover the many facts of sights and sounds in Peru. The travelogue will examine travel to Peru, Titicaca, Cusco, Sacred Valley, Amazon, and much more. Gene will share his photos and his expertise.

Leader: Gene Van Galder

Facilitator: Arnie Ames & Malia Hennessy

Date: Thursday, 7/17

Time: 1:30 – 3:30 pm

Place: RVC Bell School Road Center, Room 13

Fee: \$15

Waltzing Australia

TVL-700-CLR2

(Class limit: 50) From sophisticated cities to the rugged outback, desert to rainforest, Great Barrier Reef to ancient inland ranges, the land Down Under offers an often-surprising kaleidoscope of memorable experiences. This fast-moving presentation spans the full 20,000-mile journey that is the subject of Clampitt's award-winning book, "Waltzing Australia".

NOTE: This is an online COLLEGE COLLABORATION class hosted by Harper Community College. Students from other regional colleges will be joining via Zoom, and participants will be admitted two minutes before class is scheduled to begin. This class will have a room available at the Bell Center for online Zoom viewing on a big screen.

Leader: Cynthia Clampitt

Facilitator: Lynnette Danzl-Tauer & Linda Green

Date: Tuesday, 7/29

Time: 1 – 2:15 pm

Place: Online Via Zoom & Zoom Room

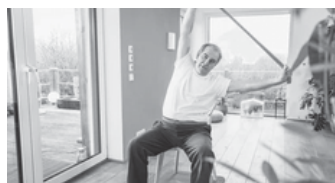
Fee: \$15



Virtual Fitness Program

Join this online, live, interactive physical fitness program that promotes strength building with exercises modified for YOU!

See page 6 for more info!



CLR Social Event - August 2025

BARRY MANILOW TRIBUTE



Enjoy a summer musical experience at White Pines
and a good time with CLR friends!

Wednesday, August 6, 2025

11:30 a.m. - 3 p.m.

We will start with a delicious home-cooked buffet, which includes three hot (meat/fish) entrees, salads, vegetable du jour, fresh-baked breads, beverage and dessert in the nostalgic White Pines open-beamed log cabin setting. White Pines Dinner Theatre is known for their delicious homestyle cooking, friendly servers, and talented entertainers.

*Following lunch, Jay Gates will entertain us with his spot-on musical impersonation of Barry Manilow. His faithful representation of Barry's voice combined with a jaw-dropping visual portrayal and multimedia presentation always leaves audiences wanting more. With the classic **Copacabana** sing-along, **Can't Smile Without You**, and show-stopping **Even Now**, this is the show to see!*

Cost:

\$63 for CLR members
\$68 for non-members

Transportation is on your own.

White Pines Dinner Theatre
6712 W. Pines Rd., Mt. Morris, IL

DIRECTIONS: Take IL-2 South to Oregon and at the stoplight, turn right onto Pines Road/County Hwy-6. Then it's about 3 miles to White Pines State Park.

Registration Deadline: July 7, 2025 • Questions? Call (815) 921-3931

SOCIAL EVENT REGISTRATION

Name(s): _____

Address: _____

City: _____ State: _____

Zip Code: _____

Phone: _____

Email: _____

Special Needs: _____

ID # (office use): _____

Barry Manilow Tribute

Wednesday, Aug. 6, 2025

☐ \$63 for CLR Members

☐ Cash enclosed

☐ \$68 for Non-Members

☐ Check enclosed

Amount Enclosed \$ _____

Check Number: _____



**Please make checks payable to Rock Valley College.
Note: CLR cannot accept credit card payments.**

BRING TO THE CLR OFFICE OR MAIL TO:

Rock Valley College Center for Learning in Retirement
3301 N. Mulford Road, Rockford, IL 61114

JUNE & JULY

2025

SUN	MON	TUES	WED	THUR	FRI	SAT
MAY 27 9 - 9:45 a.m. Vivo Virtual Fitness begins 30 12:30 - 2:30 p.m. Starlight Theatre	9	10 7 - 8:30 p.m. Greek Mythology [Z]	11	12 10 a.m. - 12 p.m. Tour Ellwood Mansion	13	14 
15 <i>HAPPY Father's Day</i>	16	17 9:30 - 11:30 a.m. What in the World 1 - 3 p.m. Home Sweet Home [Z] 1:30 - 3:30 p.m. Line & Wash Painting	18 9:30 - 11 a.m. States Got Names 9:30 - 11:30 a.m. Self-Massage 1 - 3 p.m. Clay into Gold [Z] 1:30 - 3:30 p.m. Pickleball 3	19 RVC Closed 9:30 a.m. - 12 p.m. Koi in Alcohol Ink @ JR Studio	20 10 a.m. - 12 p.m. Robert Tinker's World @ Tinker Cottage	21
22	23 9:30 - 11 a.m. Crochet for Beginners 10 a.m. - 12 p.m. Handgun Ownership 10 a.m. - 12 p.m. Beloit Stadium Tour 1 - 3 p.m. Euchre	24 9:30 - 11:30 a.m. Digitizing Photos 9:30 - 11:30 a.m. What in the World 10:30 a.m. - 12 p.m. Medicare Basics 1 - 3 p.m. Digitizing Photos 1 - 3:30 p.m. Cardmaking 1:30 - 3 p.m. Nordic Poles	25 9:30 - 11 a.m. State Got Names 10 - 11:30 a.m. Tour RVC ATC 10 a.m. - 12 p.m. iPhone/iPad 1:30 - 3:30 p.m. Pickleball 3 2:30 - 4 p.m. Nature @ Sev. Dells	26 9:30 - 11:30 a.m. Digitizing Photos 10 - 11:30 a.m. Hard Rock Casino 11:45 a.m. - 12:45 p.m. Chair Yoga 1 - 3 p.m. Digitizing Photos 1 - 3 p.m. iPhone/iPad	27	28
29	30 9:30 - 11 a.m. Crochet 10:30 a.m. - 12 p.m. Flower Workshop 10 a.m. - 12 p.m. Airport Tour 1 - 2:30 p.m. Flower Workshop 1 - 3 p.m. Euchre 2 - 4 p.m. Photo Phollies	JULY 1 9:30 - 11:30 a.m. What in the World 1:30 - 3:30 p.m. Jimmy Carter & Nat. Parks	2 1 - 3 p.m. My Country Wants Me to Do [Z]	3 11:45 am - 12:45 pm Chair Yoga @ Studio	4 RVC Closed 	5
6	7 9:30 - 11 a.m. Crochet for Beginners 1 - 3 p.m. Cribbage	8 9:30 - 11:30 a.m. What in the World	9	10 10 a.m. - 12 p.m. Backgammon 10 a.m. - 12 p.m. All Creatures Great & Small 11:45 a.m. - 12:45 p.m. Chair Yoga 1 - 3 p.m. Honey & Health 1:30 - 3:30 p.m. Backgammon	11 1 - 3:30 p.m. Foreign Film Appreciation	12

JULY & AUGUST

2025

13	14 9:30 - 11:30 a.m. Microsoft Paint 10 a.m. - 12 p.m. Climate Change 1 - 3 p.m. Cribbage 1:30 - 3 p.m. Exploring MyChart	15 9:30 - 11:30 a.m. What in the World 10 a.m. - 12 p.m. Keep Computers Safe [H] 2 - 4 p.m. Explore Public Library	16 9:30-11:30 a.m. Microsoft Paint 10:30 a.m. - 12 p.m. Yerkes Observatory 1:30 - 3:30 p.m. Historic Houses	17 9 - 11:30 a.m. Jewelry Repair 10 - 11 a.m. Tour RVC Library 10 - 11:30 a.m. Resources for Seniors 11:45 a.m. - 12:45 p.m. Chair Yoga Ends 1:30 - 3:30 p.m. Travelogue: Peru 6 - 8 p.m. Notes of Legacy [Z]	18	19
20	21 10 a.m. - 12 p.m. Climate Change 12:30 - 4:30 p.m. AARP Smart Driver 1:30 - 3:30 p.m. Ben Franklin	22 9 - 9:45 a.m. Vivo Begins [Z] 10 - 11:30 a.m. Retirement 12:30 - 4:30 p.m. AARP Smart Driver 1:30 - 3:30 p.m. Ben Franklin	23 10 a.m. - 12 p.m. Jeremiah	24 9 - 11:30 a.m. Jewelry Repair 10 - 11:30 a.m. Explore Klehm 1:30 - 3 p.m. Songs of Silver Screen	25 10:30 a.m. - 12 p.m. Stellar Journeys: Exploring the Universe	26
27	28 9:30 - 11 a.m. Death Valley 2 - 4 p.m. Rockford Historian @ MVM	29 9:30 - 11:30 a.m. What in the World 1 - 2:15 p.m. Waltzing Australia [Z]	30 10 a.m. - 12 p.m. Jeremiah	31 11:45 a.m. - 12:45 p.m. Chair Yoga Begins @ Studio	AUG. 1	2
3	4	5 9:30 - 11:30 a.m. What in the World 1 - 4 p.m. Tour Auto Museum	6 Barry Manilow Tribute & Lunch at White Pines SOCIAL EVENT	7 10 - 11:30 a.m. Creating Community @ Katie's Cup 11:45 a.m. - 12:45 p.m. Chair Yoga	8	9
10	11 10 - 11:30 a.m. Eleanor Roosevelt [H]	12 10 a.m. - 12 p.m. CLR ANNUAL MEETING @ Starlight Theatre	13 9 - 11 a.m. Outstanding Trees 10 - 11:30 a.m. Underground Railroad @ Byron Museum	14 11:45 a.m. - 12:45 p.m. Chair Yoga	15	16
17	18	19 9 - 9:45 a.m. Vivo Virtual Fitness Ends	20	21 11:45 a.m. - 12:45 p.m. Chair Yoga Ends	22	23

2024-2025 CLR Advisory Committee



A Member of

ROAD SCHOLAR[®]
LLI RESOURCE NETWORK

RockValleyCollege.edu/CLR

Phone (815) 921-3931

Fax (815) 921-3939